

Effective 4-14-03

GOODLIFE ADULT DAY CARE

NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

PLEASE REVIEW IT CAREFULLY.

OUR RESPONSIBILITIES

Goodlife Adult Day Care (hereinafter referred to as GOODLIFE) takes the privacy of your health information seriously. We are required by law to maintain that privacy and to provide you with this Notice of Privacy Practices. This Notice is provided to tell you about our duties and practices with respect to your information. We are required to abide by the terms of this Notice that is currently in effect.

HOW WE MAY USE AND DISCLOSE YOUR OR HEALTH INFORMATION. The following categories describe different ways that we use and disclose your health information without your authorization. For each category, we explain what we mean and give some examples. Not every use or disclosure in a category will be listed. However, all of the ways we are permitted to use and disclose information will fall within one of the categories.

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For Treatment. GOODLIFE may use health information about you to provide you with treatment, health care or other related services. We may disclose your health information to doctors, nurses, aids, technicians or other GOODLIFE employees who are involved in taking care of you. Additionally, GOODLIFE may use or disclose the health information to manage or coordinate treatment, health care or other related services. **[Examples of how we might use and disclose health information for treatment purposes include: For a referral to a specialist, for a prescription, at your request for transfer of care to another clinician.]**

For Payment. GOODLIFE may use and disclose your health information to bill and collect for the treatment and services we provide to you. We may send health information to an insurance company or other third party for payment purposes. **[Example of how we will use and disclose health information for payment purposes might include: Sending information for payment purposes in order for your insurance company to pay for the visit.]**

For Health Care Operations. GOODLIFE may use and disclose your health information for health care operations. These uses and disclosures are necessary to run GOODLIFE, to make sure

you receive competent, quality health care, and to maintain and improve the quality of health care we provide. **[Examples of how GOODLIFE will use and disclose health information for health care operations purposes might include: Chart reviews by our Quality Improvement Teams.]**

As Required by Law. GOODLIFE will disclose your health information when required to do so by federal, state or local law.

For Public Health Purposes. GOODLIFE may disclose your health information for public health activities. While there may be others, public health activities generally include the following:

- Preventing or controlling disease, injury or disability;
- Reporting births and deaths;
- Reporting defective medical devices or problems with medications;
- Notifying people of recalls of products they may be using; and

Notifying a person who may have been exposed to a disease or may be at risk for contracting or spreading a disease or condition.

About Victims of Abuse. GOODLIFE may disclose your health information to notify the appropriate government authority if we believe you have been the victim of abuse, neglect or domestic violence. We will only make this disclosure if you agree or when required or authorized by law.

Health Oversight Activities. GOODLIFE may disclose your health information to a health oversight agency for activities authorized by law. These oversight activities might include audits, investigations, inspections and licensure. These activities are necessary for the government to monitor the health care system, government benefit programs and compliance with civil rights laws.

Judicial Purposes. GOODLIFE may disclose your health information in response to a court or administrative order

Law Enforcement. GOODLIFE may release health information if asked to do so by a law enforcement official if such disclosure is:

- Required by law;
- In response to a court order, subpoena, warrant, summons or similar process;
- To identify or locate a suspect, fugitive, material witness or missing person;
- About the victim of a crime if, under certain limited circumstances, we are unable to obtain the person's agreement;
- About a death we believe may be the result of criminal conduct;
- About criminal conduct at the Covered Entity; or
- In emergency circumstances to report a crime; the location of the crime or victims; or the identity, description or location of the person who committed the crime.

Research. Under certain circumstances, GOODLIFE may use and disclose health information about you for research purposes. For example, a research project may involve comparing the health and recovery of all individuals who received one medication to those who received another. All research projects, however, are subject to a special approval process. This process includes evaluating a proposed research project and its use of health information, trying to balance the research needs with your need for privacy of your health information. Before we use or disclose health information for research, the project will have been approved through this research approval process. Additionally, when it is necessary for research purposes and so long as the health information does not leave GOODLIFE, we may disclose your health information to researchers preparing to conduct a research project, for example, to help the researchers look for individuals with specific health needs. Lastly, if certain criteria are met, GOODLIFE may disclose your health information to researchers after your death when it is necessary for research purposes.

To Avert a Serious Threat to Health or Safety. GOODLIFE may use and disclose your health information when GOODLIFE believes it is absolutely necessary to prevent a serious threat to your health and safety or the health and safety of the public or another person. Any disclosure, however, would only be to someone able to help prevent or lessen the threat or to law enforcement authorities in particular circumstances.

Military and Veterans. If you are a member of the armed forces, we may release your health information as required by military command authorities. We may also release health information about foreign military personnel to the appropriate foreign military authority.

National Security and Intelligence Activities. GOODLIFE may release your health information to authorized federal officials for lawful intelligence, counterintelligence and other national

security activities authorized by law.

Protective services for the Participant and Others. GOODLIFE may disclose your health information to authorized federal officials so they may provide protection to the Participant, other authorized persons or foreign heads of state, or for the conduct of special investigations.

Custodial Situations. If a correctional institution or law enforcement authority makes certain representations, GOODLIFE may disclose your health information to a correctional institution or law enforcement official.

Workers' Compensation. GOODLIFE may disclose your health information as authorized by and to the extent necessary to comply with worker's compensation laws or laws relating to similar programs.

Treatment Alternatives, Appointment Reminders and Health-Related Benefits. GOODLIFE may use and disclose your health information to tell you about or recommend possible treatment alternatives or health-related benefits or services that may be of interest to you. Additionally, GOODLIFE may use and disclose your health information to provide appointment reminders. If you do not wish GOODLIFE to contact you about treatment alternatives, health-related benefits or appointment reminders, you must notify in writing the person listed on the last page of this Notice and state which of those activities you wish to be excluded from.

Individuals involved in your Care or Payment for your Care. GOODLIFE may release health information about you to a family member, other relative or any other person identified by you, who is involved in your health care. GOODLIFE may also give information to someone who helps pay for your care. GOODLIFE may also tell your family, friends, personal representative or other person responsible for your health care your health condition and that you are a patient at GOODLIFE.

Communications Regarding GOODLIFE's Programs or Products. We may use and disclose your health information to make a communication to you to describe a health-related product or service of GOODLIFE. In addition, we may use or disclose your health information to tell you about products or services related to your treatment, case management or care coordination, or alternative treatments, therapies, providers or settings of care for you . We may occasionally tell you about another company's products or services, but will use or disclose your health information for such communications only if they occur in person with you .

OTHER USES OF HEALTH INFORMATION

Other uses and disclosures of health information not covered by this Notice or the laws that apply to us will be made only with your written authorization. If you provide us authorization to use or disclose your health information, you may revoke that authorization, in writing, at any time. If you revoke your authorization, we will no longer use or disclose health information about you for the reasons covered by your written authorization. You understand that we are unable to take back any disclosures we have already made under the authorization, and that we are required to retain our records of the care that we provided to you .

YOUR RIGHTS REGARDING YOUR HEALTH INFORMATION

You have the following rights regarding health information we maintain about you:

Right to Request Restrictions. You have the right to request a restriction or limitation on the health information we use or disclose about you for treatment, payment or health care operations. You also have the right to request a limit on the health information we disclose about you to someone who is involved in your care or the payment for that care. ***In most cases, we are not required to agree to your request.*** If we do agree, we will comply with your request unless the information is needed to provide you emergency treatment. To request restrictions, you must make your request in writing to our Privacy Officer, Goodlife Adult Day Care, 515 North Arlington Ave., East Orange, New Jersey 07017. In your request, you must tell us (1) what information you want to limit; (2) whether you want to limit our use, disclosure or both; and (3) to whom you want the limits to apply.

Right to Request Confidential Communications. Typically, we communicate with you regarding your health care in person. You have the right to request that we communicate with you or your responsible party about your health care in an alternative way or at a certain location. To request confidential communications, you must make your request in writing to our Privacy Officer, Goodlife Adult Day Care, 515 North Arlington Ave., East Orange, New Jersey 07017. We will not ask you the reason for your request. We will accommodate all reasonable requests. Your request must specify how or where you wish to be contacted.

Right to Inspect and Copy. You have the right to inspect and copy health information that may be used to make decisions about your care. To inspect and copy health information that may be used to make decisions about you, you can submit your request in writing or orally to our Privacy Officer at Goodlife Adult Day Care, 515 North Arlington Ave., East Orange, New Jersey 07017. If you request a copy of the information, we may charge a fee for the costs of copying, mailing or other supplies associated with your request.

Right to Amend. You have the right to ask us to amend your health and/or billing information for as long as the information is kept by GOODLIFE. To request an amendment, your request must be made in writing and submitted to Privacy Officer, Goodlife Adult Day Care, 515 North Arlington Ave., East Orange, New Jersey 07017. In addition, you must provide a reason that supports your request. We may deny your request for an amendment if it is not in writing or does

not include a reason to support the request. In addition, we may deny your request if you ask us to amend information that:

- Was not created by us, unless the person or entity that created the information is no longer available to make the amendment;
- Is not part of the health information kept by or for GOODLIFE;
- Is not part of the information which you would be permitted to inspect and copy; or
- Is accurate and complete.

Right to an Accounting of Disclosures. You have the right to request a list of certain disclosures that we have made of your health information. To request this list of disclosures, you must submit your request in writing to Privacy Officer, Goodlife Adult Day Care, 515 North Arlington Ave., East Orange, New Jersey 07017. Your request must state a time period, which may not be longer than six years and may not include dates before April 14, 2003. Your request should indicate in which form you want the list (for example, on paper, electronically). The first list you request within a twelve-month period will be free. For additional lists during such twelve-month period, GOODLIFE may charge you for the costs of providing the list. We will notify you of the cost involved and you may choose to withdraw or modify your request at that time before any costs are incurred.

Right to a Paper Copy of this Notice. You have the right to a paper copy of this Notice. You may ask us to give you a copy of this Notice at any time. Even if you have agreed to receive this Notice electronically, you are still entitled to a paper copy of this Notice. You may obtain a copy of this Notice. To obtain a copy of this notice, contact Privacy Officer, Goodlife Adult Day Care, 515 North Arlington Ave., East Orange, New Jersey 07017.

WHO THIS NOTICE APPLIES TO

This Notice describes GOODLIFE's practices and those of:

- any health care professional authorized to enter information into or consult your medical record.
- All departments and units of GOODLIFE.
- Any member of a volunteer group we allow to help you .
- All employees, staff and other GOODLIFE personnel.

CHANGES TO THIS NOTICE

We reserve the right to change this Notice. We reserve the right to make the revised Notice effective for health information we already have about you , as well as any information we receive in the future. We will post a copy of the current Notice in a clear and prominent location to which you have access. The

Notice is also available to you upon request. The Notice will contain, on the first page in the top right-hand corner, the effective date. In addition, if we revise the Notice and you are still with GOODLIFE, we will offer you a copy of the current Notice in effect.

COMPLAINTS

If you believe your privacy rights have been violated, you may file a complaint with GOODLIFE or with the Secretary of the Department of Health and Human Services. To file a complaint with GOODLIFE, contact our Privacy Officer at (973) 674-5100.

You will not be penalized for filing a complaint.

If you have any questions about this Notice, please contact:

Goodlife Adult Day Care

Attn: Privacy Officer

515 North Arlington Drive

East Orange, New Jersey 07017

(973) 674-5100
